

The Seven Keys

MacedoniaMacedonia
Elizabeta Jovanovska

Organization type:

nonprofit/ngo/citizen sector

Project Stage:

Idea

Budget:

\$1,000 - \$10,000

 [SHARE](#)

- [Arts & culture](#)
- [Citizen participation](#)
- [Intercultural relations](#)
- [Ethics](#)
- [Youth development](#)
- [Wellness](#)
- [Spirituality](#)

Project Summary

Elevator Pitch

Concise Summary: Help us pitch this solution! Provide an explanation within 3-4 short sentences.

The program consists of seven core keys based on one's own relationships with self, others and the World. Who we are, what we do and how we live?

About Project

Problem: What problem is this project trying to address?

In a world that seems to be dominated by an outer attractiveness of materialism and appearance, THE SEVEN KEYS believes that educating the inner attractiveness of all will help to add meaning, purpose and energy to who we are, what we do and how we can contribute.

Solution: What is the proposed solution? Please be specific!

THE SEVEN KEYS believes that all youth are born with innate qualities of goodness, are a gift to humanity and wish to belong to and positively contribute to their own society and global cultures. The program consists of seven keys based on one's own right relationships with the self, self and others, sense of purpose and contribution, actions and interactions, others and the living world around me, connecting with my higher self, and empowering and maintaining a stable and balanced approach to life. The program is interactive, draws on a wealth of published materials, a vast range of tried and tested examples of good practice from around the world and experienced staff. THE SEVEN KEYS believes that youth are willing to contribute to their individual and collective success, and that natural leaders will come forward to be trained to help empower their peers and take the program forward.

Impact: How does it Work

Example: Walk us through a specific example(s) of how this solution makes a difference; include its primary activities.

Key One: Right Relationship with the Self Goal: To be clear about my own values and qualities. Inner aim: I recognize the inner attractiveness of myself and others. Key Two: Right Relationship between the Self and Others Goal: To recognize that I and different people have different needs Inner aim: I take responsibility for my life and the choices that I make. Key Three: Right Relationship with my Sense of Purpose and Direction Goal: To have a clear sense of purpose and well defined supporting vision Inner Aim: To understand that my thoughts and actions in the past created my present and what I think and do in the present creates my future. Key Four: Right Relationship with Actions and Interactions Goal: To understand that whatever I do has impact. Inner Aim: I give all the time in whatever I do and learn through life's experiences. Key Five: Right Relationships with the Living World around Me. Goal: To make a positive difference and positive contribution Inner Aim: I have a responsibility in all my relationships, with everyone and to the living world around me. Key Six: Right Relationship with my Higher Self Goal: To be true to myself Inner Aim: I remain open to the truth of my inner voice. Key Seven: Right Relationship with Empowering and Sustaining Myself Goal: To maintain a stable and balanced approach to life Inner Aim: I empower and sustain myself. Each of the Keys has a set of activities and actions that intensify personal learning and create a base for nurturing relation with Self, the others and the World.

Sustainability

Marketplace: Who else is addressing the problem outlined here? How does the proposed project differ from these approaches?

The program, to be designed by youth for youth, is offered at two levels: • The seven keys program to empower youth facilitated by qualified staff, and • The seven keys training the leaders program. There are no competitors, everyone is seen as contributor!

About You

ABOUT YOU

Organization:

Kalen

About You

First Name

Elizabeta

Last Name

Jovanovska

Twitter URL

Facebook URL

About Your Organization

Organization Name

Kalen

Organization Country

Country where this project is creating social impact

Your role in Education

Administrator, Coach, Counselor, Resource Officer, Other.

The type of school(s) your solution is affiliated with

Other

How long has your organization been operating?

1 5 years

Innovation

How long has your solution been in operation?

Still in idea phase, but looking to launch soon

Now that you have thought out your entry, help us pitch it.

Define your company, program, service, or product in 1-2 short sentences [136 characters]

Add meaning, purpose and energy to who we are, what we do and how we live. Learn to love Self, others and the World!

Identify what is innovative about your solution in 1-2 short sentences [136 characters]

People are born with innate qualities of goodness, are a gift to humanity and wish to positively contribute to the World.

Social Impact

What has been the impact of your solution to date?

This programme can help youth in their critical years of growth and development, to explore one's own right relationships with the self, self and others, sense of purpose and contribution, actions and interactions, others and the living world around, connecting with their higher self, and empowering and maintaining a stable and balanced approach to life.

With all that, we provide a strong root for every human being from which further positive actions can develop, in any field and in any direction.

What is your projected impact over the next 1-3 years?

The programme is planned as a model - so it can be scalable and transferable to any setting and environment, wherever there is a good will for diving into the depths of own identity and the impact we have on others and the World.

What barriers might hinder the success of your project? How do you plan to overcome them?

I don't oversee barriers other than passivity and lack of energy and commitment for starting the programme.

Winning entries present a strong plan for how they will achieve and track growth. Identify your six-month milestone for growing your impact

THE SEVEN KEYS pilot programme in one school

Identify three major tasks you will have to complete to reach your six-month milestone

Task 1

Establish working agreement with a partner-school

Task 2

Work with a team of educators to prepare the full curriculum

Task 3

Involve and engage youth in the programme - make it as practical and relevant as possible!

Now think bigger! Identify your 12-month impact milestone

THE SEVEN KEYS learning kit produced

Identify three major tasks you will have to complete to reach your 12-month milestone

Task 1

Based on the Pilot, identify learning points and act upon them

Task 2

Together with the youth involved create and publish the learning kit

Task 3

Distribution of the kit and practical workshops all around the country

Founding Story: We want to hear about your "Aha!" moment. Share the story of where and when the founder(s) saw this solution's potential to change the world [125 words]

It was a beautiful summer afternoon in Oxford when Peter Williams, Doug Stephenson and I sat down to talk about growing up and why is it good to keep your inner child alive. We talked about grim conditions in Macedonia, how is it in the world, how it's becoming harder to grow up happy and aware of Self. Then Peter's eyes shone like a diamond and he said, let's make a ripple effect! Let's start with one group of young people, who in turn can do something positive with their peers or younger ones. Doug had an idea to do it in steps, and we called it THE SEVEN KEYS. It outlines the whole worldview one young person can have, about Self, the others, relation with all, about the values, identity, empathy, confidence and belief in oneself, about accepting the uniqueness and inherent goodness of every individual. It's a complete Human Potential Development programme, starting with the Core. And here we are! Hope you like it and will go for it. Every little helps! :)

Sustainability

Tell us about your partnerships

Regarding this project, we plan to establish partnerships with few educational institutions in Macedonia, schools and clubs, with publishing houses, libraries and municipalities, as well as with worldwide educators who would be willing to share their skills and knowledge for the benefit of the youth involved.

What type of team (staff, volunteers, etc.) will ensure that you achieve the growth milestones identified in the *Social Impact* section? [75 words]

We plan to work with volunteers mostly. The team is composed of two managers, one assistant, and a team of educators for specific parts of the programme.

Please elaborate on any needs or offers you have mentioned above and/or suggest categories of support that aren't specified within the list

Moral support is always welcome as well! A small gesture of appreciation makes wonders...

Source URL: <https://www.changemakers.com/empathy/entries/new-entry-1048#comment-0>