COMMUNITY BASED REHABILITATION FOR CHILDREN WITH DISABILITIES IN KIBERA SLUM

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Language
English

Action Foundation operates a fully-fledged centre that caters for 30 children with Cerebral Palsy, Down’s syndrome and Autism as well those with other forms of physical and mental disability. We are able to offer therapeutic services such as occupational, speech, art and physical therapy to disabled children attending the rehabilitation centre in Mashimoni Village, at the heart of Kibera. **Overall Objective**

The aim of this program is to improve the health of children with disabilities and support them to achieve their maximum potential. **Specific Objectives**

- Develop gross and fine motor skills of children with disabilities
- Promote cognitive development children with disabilities through art and play
- Educate parents of children with disabilities in ways to improve their health
- Develop daily living skills and speech among children with disabilities
- Improve the nutrition status of the children

**Key activities**

1. Early intervention through physiotherapy, nutritional care and training in life skills
2. Entrepreneurship training of by parents of children with disabilities
3. Awareness creation about disability to enhance acceptance and foster respect for the rights and dignity of persons with disabilities in the Kenyan Society
4. School placements of children with disabilities
5. Providing access to medical and specialized health services to children with disabilities
6. Providing psychosocial support and trainings to parents of children with disabilities in ways to improve their health

**Changemakers Taxonomy:**

- Disability rights [1]
- Child care [2]
- Child exploitation [3]
- Mental health [4]

**Source URL:** https://www.changemakers.com/sustliving2014/competition/nominations/community-based-rehabilitation-children-disabilities-ki

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