Do you experience:
Irregular Menstrual Cycles, Infertility, Excess Facial Hair, Fatigue, Depression, Acne, Skin Tags, Hair Loss, Weight Gain

These are some of the symptoms of an Endocrine Disorder called PCOS or Polycystic Ovary Syndrome and if you have not been diagnosed,

You could be putting yourself at risk!

**Type II Diabetes**
PCOS can cause insulin resistance a pre-diabetic condition.

**Heart Disease**
PCOS can puts you at seven times higher risk for heart disease and stroke

**Infertility**
PCOS is recognized as the leading cause of infertility in women

**Cancer**
Irregular or non-existent periods can lead to endometrial cancer

Project PCOS
Awareness, Information and Support for Polycystic Ovary Syndrome

http://www.projectpcos.org